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A community-based education programme to reduce insecticide exposure from indoor residual spraying in Limpopo, South Africa

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Abstract

Background: Indoor residual spraying (IRS), the coating of interior walls of houses with insecticides, is common in malaria-endemic areas. While important in malaria control, IRS potentially exposes residents to harmful insecticides. The World Health Organization recommends steps to minimize exposure; however, no programme has focused on educating populations.

Methods: A dramatic presentation and song were developed by study personnel and performed by lay performers in order to spread awareness of the importance of IRS and to minimize insecticide exposure. Performances were staged at 16 sprayed villages in the Vhembe District of Limpopo, South Africa, at which 592 attendees completed short questionnaires before and after the performance about behaviors that might limit insecticide exposure. Overall indices of the attendees' change in knowledge of precautions to take prior to and after spraying to prevent insecticide exposure were analyzed using hierarchical mixed models to assess the effect of the performance on change in participants' knowledge.

Results: Approximately half of attendees lived in homes that had been sprayed for malaria and 62% were female. Over 90% thought it better to allow IRS prior to the presentation, but knowledge of proper precautions to prevent exposure was low. The proportion answering correctly about proper distance from home during spraying increased from 49.4% pre-performance to 62.0% post-performance (RR = 1.26, 95% CI = 1.13, 1.41), and the proportion reporting correctly about home re-entry interval after spraying increased from 58.5 to 91.1% (RR = 1.54, 95% CI 1.35, 1.77). Attendees improved in their knowledge about precautions to take prior to and after spraying from mean of 57.9% correct to a mean of 69.7% (β = 12.1%, 95% CI 10.9, 13.4). Specifically, increased knowledge in closing cupboards, removing food and bedding from the home, covering immoveable items with plastic, and leading animals away from the home prior to spraying were observed, as was increased knowledge in sweeping the floors, proper disposal of dead insects, and discarding dirty washrags after spraying.

Conclusions: A dramatic presentation and song were able to increase the attendees' knowledge of precautions to take prior to and after spraying in order to limit their insecticide exposure resulting from IRS. This approach to community education is promising and deserves additional study.

Keywords: Community education, Dramatic presentation, Indoor residual spraying, Insecticide exposure, Malaria prevention, Questionnaire, Vhembe, South Africa

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Background

In 2017, there were 219 million cases of malaria, resulting in about 435,000 deaths, with most deaths occurring to children under age 5 and living in sub-Saharan Africa [1]. Increased prevention and control measures have led to an overall reduction in global malaria mortality rate of about 60% since 2000 [1]. A total of 21 countries worldwide, including South Africa, were identified as likely to reach zero indigenous cases by 2020 [1]. However, South Africa is not on target to meet these World Health Organization (WHO) goals, having experienced a >20% increase in cases between 2016 and 2017 [1]. Inadequate mosquito vector control, improved reporting, and climatic changes likely play a role in this increase [1]. In South Africa, there are three malaria-endemic provinces: Mpumalanga, KwaZulu-Natal, and Limpopo [2]. Between 2000 and 2010, Limpopo had the lowest decrease in malaria cases in South Africa [2], and between 2013 and 2014 malaria cases nearly doubled [3].

South Africa is part of the Elimination 8 (E8) Regional Initiative to jointly plan and execute a regional malaria elimination strategy for eight Southern African countries by 2030 [4]. The major components of the South Africa national policy for malaria elimination includes malaria vector control by indoor residual spraying (IRS), early detection by rapid diagnostic test (RDT), and artemisinin-based combination therapy. IRS is the systematic insecticide application to the interior walls of homes to kill malaria-infected mosquitoes as they rest. IRS with the organochlorine insecticide dichlorodiphenyltrichloroethane (DDT) has been ongoing since 1946 in malariaendemic regions of South Africa [5]. DDT and its main breakdown product, dichlorodiphenyldichloroethylene (DDE), have long half-lives in the human body (6 years and up to 10 years, respectively) and in the environment. Thus, the Stockholm Convention banned DDT for all uses except for public health purposes due to its toxicity [6–8]. In recent years, pyrethroid insecticides have been primarily used for IRS in South Africa [9]. In Vhembe, cypermethrin was used until 2015 and deltamethrin has been used since then. It is not South African policy to rotate pyrethroids or to distribute pesticide-impregnated bed nets.

Both DDT and pyrethroids are neurotoxic in developing animals through a number of mechanisms [9-11]and both DDT [12] and some pyrethroids [13] are endocrine disruptors. Thus, although effective prevention of malaria is of critical importance to human health, there is growing concern about the potential health effects of IRS insecticides [14, 15]. Previously, we have identified in a Vhembe birth cohort associations between DDT in maternal serum collected at delivery and increased maternal hypertension [16], childhood infections [17], and larger fetal and childhood growth in girls [18, 19]. Associations have also been found between pyrethroid metabolites in maternal urine and negative sequelae in their children, including impaired neurobehavioral development [20], and decreased childhood growth in boys [19].

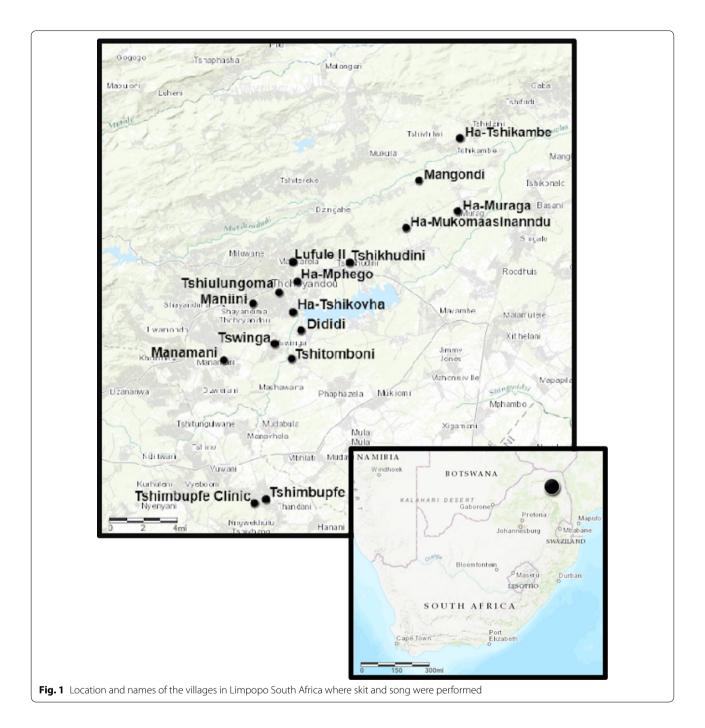
A key goal of South Africa's Malaria Elimination Strategy is to ensure that by 2018, 100% of the population has adequate malaria knowledge and practice [21]. To reach this goal, One Sun Health, a non-profit organization, developed a Malaria Awareness Programme (MAP) in the northern Vhembe region of Limpopo [22]. The curriculum for MAP included innovative methods to train home-based care, over multiple sessions, on malaria transmission. Teaching methods included visual diagrams, a song to teach symptoms, a drama to teach prevention, and a graphic to teach treatment. A number of other studies around the world have also investigated the effectiveness of education programmes in increasing knowledge of malaria symptomatology, prevention, and treatment [22-26] and several have used dramatic presentations or song to deliver the educational messages [27-29]. Although best practices to reduce exposure to insecticides were outlined by the WHO [30] and the President's Malaria initiative [31], no prior study has included in their education programme the prevention of insecticide exposure to residents from IRS.

This study examines the effectiveness of a dramatic presentation and song to convey to residents living in the Vhembe district municipality of Limpopo South Africa the importance of IRS for malaria control and ways to prevent insecticide exposure. Herein, the effectiveness of a single dramatic educational presentation is assessed in increasing knowledge of prevention of undue insecticide exposure to residents.

Methods

Participants

Participants were adults residing in 16 villages in the Thulamela region of the Vhembe District Municipality of Limpopo Province in South Africa where IRS was conducted (Fig. 1). Participants were mainly VhaVenda and spoke TshiVenda. Research staff personally invited women (with phone calls and in person) who had participated in the Venda Health Examination of Mothers, Babies and their Environment (VHEMBE) birth cohort study [20]. In addition, they were encouraged to invite friends, family, and other residents of their villages. The meetings were also promoted with posters and wordof-mouth campaigns by VHEMBE staff and local chiefs. Attendees who were able to read and write and 18 years or older were asked to complete a questionnaire both before and immediately after the presentation. Of the



1068 adults who attended, 592 (55.4%) completed the questionnaire both pre- and post-presentation.

Educational programme

The educational programme was conceptualized within the framework of the Health Belief Model [32, 33], a widely used value expectancy theory that aims to both predict and explain behavior. This theory suggests that people's propensity to individual health behaviour change depends on their perceptions of: (1) their susceptibility to a health risk or condition; (2) the severity of the risk or illness; (3) the benefits of taking action; and (4) the barriers or costs of acting [33]. Some theorists also emphasize the value of a "cue to action" which may motivate individuals to take a desired step. In this study, the educational intervention (performance and/or song) is both the means of providing knowledge and a "cue to action" encouraging or further reinforcing the desired health



behaviour changes, i.e., allowing indoor home spraying but practicing protective measures in advance.

The education programme consisted of a skit followed by a song in TshiVenda. The purpose of the skit and song was to educate the audience on the importance of IRS for malarial control and on the necessary precautions in preventing undue insecticide exposure. The skit was developed at University of California Berkeley (D.I.L.). Then, feedback was elicited from the field office staff of approximately 10 individuals. The revised skit was then presented to patients and staff at the local hospital, as well as to drama students at the University of Pretoria. The skit was then revised based on this feedback. The song was developed by the field office staff based on the information in the skit. The skit and song were performed by VHEMBE study staff in costume as mosquitos (Fig. 2) and identified several precautions to be taken before and after spraying based on best practices outlined by the 2015 WHO Report [30].

The skit told a story about a mosquito army that sets out to spread malaria to the local village (see Appendix 1 for script in English and TshiVenda). The mosquitoes grow concerned when a loving mother tells her daughter how important it is to spray their home with insecticide. The daughter then provides several arguments against spraying: It will hurt her doll and her dog. The mosquito army cheers after each objection. Then the performers ask the audience for suggestions on how to keep toys safe from the spray. The mosquito army is sad when the mother points out—and acts out—that toys should be outside the home during the spraying. Performers identify and act out the WHO-recommended pre-spraying precautions and post-spraying behaviours that reduce exposure. At the end of the presentation, they sing a song reinforcing the overall message that IRS is beneficial and that everyone should minimize insecticide exposure to themselves and their families (see Appendix 2) (see videos of skit and song: https://www.youtube.com/watch ?v=lvZ1W5ZJM8Y; https://www.youtube.com/watch ?v=S_gbrBxDGys). The skit and song were performed in churches or community halls; however, the video clips above were taken from performances in local schools (at which questionnaires were not collected) due to better sound quality.

Evaluation of knowledge of precautions

Each eligible participant was asked to complete a preand a post-performance questionnaire. The two sets of questions were identical (see Appendix 3) except that demographic information, such as sex, age group, and whether an attendee's home had been sprayed for malaria (regardless of whether they lived there at the time) were included in the pre-performance questionnaire. The preand post-performance questionnaires included questions about whether it was better to allow spraying for malaria control in their homes or not, the proper distance to stay from the home while spraying is occurring, and the length of time they should wait after spraying before reentering their homes. They were also given lists of behaviours (some helpful, some harmful, some neutral) for before and after spraying (12 each) and asked to indicate which they should do. All behaviours referred to in the questionnaire were touched upon in the skit and in the song.

Each participant was handed the pre-performance and post-performance questionnaires, with the latter folded and stapled closed so that the participant could not read it during the performance. Before the drama and song were begun the participants were asked to complete the pre-performance questionnaire. The staff then collected each of these pre-performance questionnaires. The drama and song were performed, and afterwards participants were asked to open the closed post-performance questionnaire and complete it; forms were again collected from each individual. During the completion of the questionnaires, study staff walked around to make sure that the participants would not instruct each other, copy from another, or complete the form for someone else. Instead, they were encouraged to ask staff if they needed clarification on how to complete the questionnaires; staff were not allowed to explain the meaning of the questions. Participants were asked to answer according to how they understood the questions.

No identifying information was collected. Verbal informed consent was obtained at the group level. As part of the opening remarks, the event facilitator explained the purpose of the questionnaire and emphasized that participation was voluntary. Verbal consent was implied by completion of the questionnaire. The questionnaire and consent procedures were approved by the Institutional Review Boards at the University of California, Berkeley and the University of Pretoria in South Africa.

Statistical analysis

For questions regarding gender, age, and whether the participant's home had been sprayed for malaria, invalid responses were set to missing. In all, there were 26 missing values for gender, 27 for age, and 38 for spray status.

Multiple-choice questions with a single correct answer were assessed using the proportion of correct responses before and after the presentation. As an overall measure, each attendee's total percent correct was calculated for questions involving all individual pre-spraying behaviours (out of 9), all post-spraying behaviours (out of 12), and overall (out of 21). The neutral behaviours (3 prespraying behaviours having no effect on exposure, e.g., serving tea to the spray workers) were not included in the percent correct. Each specific behaviour was also assessed comparing the correctness of an attendee's response pre- versus post-presentation.

The effect of the presentation was assessed by comparing responses before and after the presentation using hierarchical mixed models with random intercepts for the village and attendee, adjusted for age and gender. For multiple-choice questions with a single correct answer, relative risks (RR) of the probability of responding correctly were estimated, using binary models with a log link and Poisson distribution function, estimating standard errors using the Huber-White sandwich estimator [34, 35]. (Roughly, the RR represents the change in probability of a correct response, and an RR above 1 indicates an increased probability). For each attendee's percentage of correct responses (for pre-spraying behaviours, postspraying behaviours, and overall), mixed linear regressions were used to estimate the adjusted mean change (β) as a result of the presentation. Relative risks of the probability of responding correctly to individual questions were also assessed, using the same binary-outcome models as described above. The effects of the presentation were assessed for the entire study population, as well as for the subset of participants who reported that their homes had been sprayed for malaria control.

Results

The number of participants returning surveys from each of the 16 villages ranged from 8 to 97 people per village (median is 24) (see Fig. 1 for a map of the villages). Nearly

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 Table 1 Demographic characteristics of presentation attendees, Limpopo, South Africa, 2015–2016

	N (%)
Sex ^a	
Male	217 (38.3)
Female	349 (61.7)
Age ^b	
18–24	127 (22.5)
25–30	128 (22.7)
31–40	120 (21.2)
41 and older	190 (33.6)
Home ever sprayed for malaria? ^c	
Yes	299 (54.0)
No	209 (37.7)
Don't know	46 (8.3)

^a Missing 26 values

^b Missing 27 values

^c Missing 38 values

two-thirds of participants (61.7%) were female. Participants were fairly evenly distributed among age categories, with the largest number over 40 years. Slightly more than half of participants (54.0%) reported currently living in homes that had ever been sprayed for malaria control (whether or not they lived there at the time) (Table 1).

Table 2 presents a comparison between the pre- and post-performance responses to questions about whether to allow IRS, their location during spraying, and the timing of re-entry into the home. Almost all thought it was better to have their home sprayed pre-performance, yet this percent increased slightly post-performance, from 95.1 to 98.1% (RR=1.03, 95% CI 1.00, 1.06) for all and from 97.2 to 99.3% (RR=1.02, 95% CI 0.99, 1.05) for those who had lived in a sprayed home. When asked about the distance they should stand from the home while spraying, the proportion answering correctly (a few metres away) went from 49.4% pre-performance to 62.0% post-performance (RR = 1.26, 95% CI 1.13, 1.41) for all and 48.9% to 59.1% (RR=1.24, 95% CI 1.06, 1.44) for occupants of homes ever sprayed. When asked how soon they should wait to re-enter their homes after spraying, 58.5% gave the correct answer (at least an hour) before the presentation but 91.1% did so afterwards (RR = 1.54, 95% CI 1.35, 1.77) for the entire group and increased from 57.1 to 91.9% (RR=1.61, 95% CI 1.42, 1.82) for occupants of homes that had ever been sprayed.

Table 3 presents overall summaries of knowledge before and after the presentation. The rate of correct answers for precautions to take before spraying improved from a mean of 59.9% before the presentation to 72.4% afterwards (β = 12.8%, 95% CI 11.0, 14.7) for all

Table 2 Proportion of correct responses to questions about home spraying: pre- and post- performance, Limpopo South Africa, 2015–2016

Question	Correct response All (% corre			,		th sprayed homes (% rrect)	
		Pre	Post	RR (95% CI) ^a	Pre	Post	RR (95% CI) ^a
Better to allow spraying for malaria control in home?	Yes	95.1	98.1	1.03 (1.00, 1.06)*	97.2	99.3	1.02 (0.99, 1.05)
How close do you think you should be to your home while it is being sprayed?	A few meters away	49.4	62.0	1.26 (1.13, 1.41)*	48.9	59.1	1.24 (1.06, 1.44)*
How soon after a spraying do you think it is okay to enter your home?	After at least an hour	58.5	91.1	1.54 (1.35, 1.77)*	57.1	91.9	1.61 (1.42, 1.82)*

*p<0.05

^a Adjusted for sex and age, using mixed-effects models with a random intercept for village and attendee

Table 3 Comparison of percent correct to all pre- and post-performance spraying precaution questions and for all precautions

Precaution	on Maximum All (% correct)			With sprayed homes (% correct)			
		Pre	Post	β (95% CI) ^a	Pre	Post	β (95% CI) ^a
Pre-spraying	9	59.9	72.4	12.8 (11.0, 14.7)*	60.6	73.8	13.3 (10.5, 16.1)*
Post-spraying	12	56.5	67.7	11.6 (9.8, 13.3)*	57.5	69.4	12.0 (8.7, 15.3)*
All precautions	21	57.9	69.7	12.1 (10.9, 13.4)*	58.8	71.3	12.5 (9.6, 15.4)*

*p<0.05

^a Models adjusted for sex and age, using mixed-effects models with a random intercept for village and attendee

participants and from a mean of 60.6 to 73.8% (β =13.3%, 95% CI 10.5, 16.1) for those who lived in sprayed homes. Correct responses for post-spraying precautions increased significantly from 56.5% before the presentation to 67.7% afterwards (β =11.6%, 95% CI 9.8, 13.3) for all participants and from 57.5 to 69.4% (β =12.0%, 95% CI 8.7, 15.3) for those who lived in sprayed homes. Overall correct answers increased from 57.9 to 69.7% (β =12.1%, 95% CI 10.9, 13.4) for all participants and from 58.8 to 71.3% (β =12.5%, 95% CI 9.6, 15.4) for those who lived in sprayed homes.

The knowledge of attendees for individual pre-spraying precautions significantly improved post-presentation for many, but not for all, of the key items recommended by the WHO. In particular, significantly increased knowledge was observed for removing food from the home, closing cupboards, removing bedding, covering immoveable items with a plastic sheet, and leading animals away from the home (see Table 4). There was no significant improvement in knowledge to remove drinking water and children's toys from the home. In addition, there was no change in knowledge for the neutral items that we included (e.g., cleaning and waxing floors). Although there was significant improvement in knowledge about what precautions to take before spraying, even after the presentation less than 70% of the participants knew key precautions to take before IRS, such as closing cupboards, removing bedding, covering immoveable items with plastic, and leading animals away. When considering only respondents living in homes that had previously been sprayed, the results were similar.

Of post-spraying behaviours, knowledge improved for sweeping the floors and proper disposal of dead insects (burning or discarding them in the latrine; not feeding them to animals or discarding them in the waste heap). They showed improvement in knowing to discard washrags after using them rather than rinsing them and using again, as well as not washing the walls with soap and water. However, no improvement was noted in the participants' knowledge that they should clean children's toys and wash inside furniture or floors with soap and water. Although there was significant improvement in knowledge about some precautions to take after spraying, less than 70% of the participants knew after the presentation to burn dead insects, sweep and wash their floors, wash indoor furniture, discard washing rags, and to wash children's toys. When considering only respondents living in homes that they had reported as previously sprayed, the results were similar.

	Precaution		All (% correct)	orrect)		Sprayed	Sprayed (% correct)	
			Pre	Post	RR (95% CI) ^a	Pre	Post	RR (95% CI) ^a
Before spraying	Set out tea for the sprayers	N/A ^b	7.1	5.6	0.69 (0.40, 1.18)	5.4	2.3	0.40 (0.19, 0.83)*
	Remove all food from the home	+	74.0	82.6	1.11 (1.05, 1.17)*	76.6	84.9	1.11 (1.02, 1.20)*
	Remove drinking water from home	+	68.9	71.6	1.04 (0.96, 1.14)	70.9	74.6	1.05 (0.98, 1.14)
	Leave cupboards open	I	79.4	87.0	1.10 (1.05, 1.15)*	82.6	89.0	1.08 (1.02, 1.14)*
	Close all cupboards	+	33.1	41.2	1.28 (1.07, 1.52)*	33.1	44.8	1.40 (1.19, 1.65)*
	Remove bedding from the home	+	21.5	64.7	3.07 (2.44, 3.86)*	20.7	63.5	3.03 (2.30, 4.00)*
	Clean and wax the floor	N/A	16.7	19.8	1.14 (0.89, 1.47)	17.4	15.4	0.90 (0.66, 1.22)
	Cover items that cannot be moved with fabric	N/A	52.5	51.2	0.97 (0.85, 1.10)	59.5	57.9	0.97 (0.84, 1.12)
	Cover items that cannot be moved with plastic sheet	+	45.4	67.2	1.47 (1.33, 1.62)*	43.1	9.99	1.54 (1.36, 1.74)*
	Lead animals away from the home	+	31.3	54.2	1.77 (1.59, 1.96)*	31.8	56.5	1.74 (1.49, 2.05)*
	Close animals inside the home	I	94.6	91.7	0.97 (0.93, 1.00)	95.7	91.3	0.95 (0.91, 1.00)
	Keep your children's toys inside	Ι	90.5	91.4	1.01 (0.98, 1.04)	91.3	92.6	1.02 (0.98, 1.05)
After spraying	Sweep the floor	+	39.7	54.1	1.39 (1.20, 1.62)*	39.1	55.5	1.44 (1.15, 1.79)*
	Feed dead insects to animals	Ι	93.6	96.1	1.02 (1.01, 1.04)*	96.0	97.7	1.01 (0.99, 1.04)
	Discard dead insects in waste heap	Ι	59.5	76.5	1.32 (1.25, 1.40)*	60.9	79.6	1.34 (1.24, 1.45)*
	Discard dead insects in latrine	+	44.8	71.8	1.60 (1.47, 1.73)*	45.8	73.2	1.59 (1.41, 1.80)*
	Wash your children's toys	+	48.3	47.5	0.98 (0.85, 1.14)	54.5	46.8	0.87 (0.78, 0.97)*
	Burn dead insects	+	29.6	46.5	1.57 (1.25, 1.96)*	27.8	52.2	1.82 (1.39, 2.37)*
	Wash furniture and seating left inside with soap and water	+	50.2	54.7	1.10 (0.99, 1.22)	51.5	52.8	1.02 (0.90, 1.16)
	Wash the floor with soap and water	+	52.7	52.4	0.99 (0.93, 1.06)	53.2	51.2	0.97 (0.87, 1.09)
	Wash walls with soap and water	I	77.5	81.6	1.05 (1.01, 1.10)*	78.6	84.3	1.07 (1.00, 1.13)
	Rinse wash rag well before using it again	Ι	61.1	76.4	1.26 (1.14, 1.38)*	59.2	77.9	1.33 (1.14, 1.55)*
	Discard wash rag after using it	+	32.1	64.7	2.10 (1.75, 2.51)*	30.4	69.2	2.23 (1.68, 2.97)*
	Re-plaster or re-paint or wash walls as soon as possible	I	89.2	89.7	1.00 (0.97, 1.04)	93.0	92.3	0.99 (0.95, 1.04)

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p vous ^a Models adjusted for sex and age, using mixed-effects models with a random intercept for village and attendee

^b + indicates that the behaviour should be performed, – indicates the behaviour should not be performed, and N/A indicates that it would not affect insecticide exposure

Discussion

Acceptance of IRS was very high both before and after the skit. However, a brief dramatic presentation and song performed by research study staff, who were not formally trained in the performing arts and wearing simple costumes, was an inexpensive method to increase overall knowledge about ways to prevent undue insecticide exposure from IRS in communities such as those in Limpopo, South Africa. Specifically, knowledge increased after the skit and song about appropriate length of reentry interval and distance of residents from the spraying as well as for a number of precautions recommended by WHO: closing cupboards, removing bedding, covering immoveable items with plastic tarps, and leading animals away from the home before spraying, and proper disposal of dead insects and insecticide-contaminated wash rags after spraying. However, there was no demonstrable increase in knowledge for other measures recommended by WHO, such as removing drinking water from the home before spraying or cleaning children's toys, inside furniture, or floors after spraying. It is possible that there was no increase in knowledge about washing floors, or that participants may have known that floors should be washed but their homes' mud or daub floors were not washable.

Use of entertaining skits, song, and other folk media [29] to convey public health messages has been employed as a community engagement method in promoting public health and in preventing disease such as of HIV/AIDS [36-39] or tuberculosis [40]. These methods are often used to reach young, low-literacy, or other traditionally hard-to-reach populations [39, 41]. The Program for Appropriate Technology in Health (PATH) developed an approach in Zambia, using drama for malaria education tailored to local language through skits, songs, and dance [42]. However, only a few previous investigations have evaluated the dramatic arts in malaria education. Specifically, a drama performed by professional actors was employed in 20 Cambodian villages to promote the use of insecticide-treated bed nets (ITN), repellents, and early diagnosis; the villagers reported that drama was their preferred choice of community engagement [29]. Using folk theater (Kalajatha) in rural India, 30 local performance artists performed songs, a drama, and a musical drama focused on the transmission, signs, treatment, and prevention of malaria. After 2 months of performances, households from 5 intervention and 5 control villages were interviewed [28]. Although the intervention respondents significantly gained knowledge compared to controls, they did not show immediate behavioral change. In a study from Ghana [27], teachers trained an intervention group of school-age children with picture charts, posters, dramatization, and song on malaria symptoms, treatment and prevention, who then educated adults in their villages with song, poetry recitals, and drama. Adults in the intervention communities significantly increased their knowledge as well as use of ITN, and children from these communities had lowered parasite prevalence compared to prior to the intervention and to control children. The WHO 2015 operational manual for IRS acknowledged the need for community participation and coordination for effective IRS education, and Atkinson et al. [43], in a review of the literature, concluded that community engagement and participation is an essential component of malaria education and ultimate elimination. Most malaria educational intervention studies have employed intensive and expensive means to inform populations, often with multiple in-person sessions using highly-trained personnel or using multiple media such as radio, posters, and booklets [44]. Overall, most educational interventions have resulted in modest, although in some cases statistically significant, increases in knowledge of malaria prevention, symptoms, or treatment [45]. No previous study has compared the efficacy of the various modalities in engaging communities and in malaria education.

The skit-based educational programme was limited. Although knowledge of participants was compared preand post-performance, we did not compare change in the intervention-sprayed communities with a change after a sham presentation in a control group from sprayed communities. Given that the presentation sought to encourage IRS while preventing undue insecticide exposure, not much information about malaria symptomatology, prevention, or treatment was provided. Future dramatic presentations could be supplemented to include more information. In addition, estimates of learning may be biased by non-random selection of who turned in the questionnaire. For example, it is plausible respondents low in literacy did not return the survey, although this group may have most benefited from this form of education. It is also plausible that those who learned the least or left early may not have turned in their questionnaire forms. The evaluation of the success of this programme was also limited in that the increase in knowledge was measured immediately after the presentation. Hence, it is not clear whether the attendees retained the new lessons and, most importantly, whether there was a behavioral change in precautionary practices. Time constraints did not allow for the collection of information on attendees'

confidence in their ability to perform safety measures, or any barriers that may exist to their implementation. Ideally, qualitative data collection should be considered to better understand barriers to implementation. The ultimate indicator of success of the programme would be to demonstrate a decrease in insecticide body burden [45-47].

However, there are a number of strengths of this study, including the large sample size and the low cost of a single brief training using lay presenters, rather than professional actors or singers. The presentations were brought to the communities, so large numbers of people could be educated at one time. Thus, this education programme can be readily reproduced even at a larger country-wide scale relatively cheaply using community members to perform the skit and teach the song. Other media or venues should also be explored such as on radio or in churches. Furthermore, although the entertainment value of the presentation was not formally assessed, anecdotal observation by staff and on recorded videotapes of the audience indicated that the attendees paid attention and many were laughing, clapping throughout, and joining in the song. In these low-income communities, where there is low employment and few entertainment options, the presentation provides an opportunity to provide entertaining health education tailored to the culture.

Conclusions

A single brief dramatic presentation and song was able to increase knowledge of precautions Limpopo villagers could take to reduce insecticide exposure from IRS and its potential adverse health outcomes. Future studies should evaluate whether this method of education results in sustained knowledge and in reduction in insecticide exposure. This approach to community education is promising and deserves additional study and potential expansion to include general information about malaria prevention, symptomatology, and treatment.

Abbreviations

CI: confidence interval; DDE: dichlorodiphenyldichloroethylene; DDT: dichlorodiphenyltrichloroethane; IRS: indoor residual spraying; ITN: insecticidetreated bed nets; MAP: Malaria Awareness Programme; PATH: Program for Appropriate Technology in Health; RR: relative risk; VHEMBE: Venda Health Examination of Mothers, Babies and their Environment; WHO: World Health Organization.

Acknowledgements

We would like to acknowledge the VHEMBE field staff. Funding for this research was received from the National Institute of Environmental Health Sciences, Award ID: 1R01ES020360-01 (Eskenazi) and the Canada Research Chairs program (Chevrier).

Authors' contributions

BE served as the principal investigator of the VHEMBE study, from which the dramatic performance was produced. She is also the primary author of this manuscript. DL created the skit and provided important feedback of the manuscript, including the statistical analysis. SR served as the statistical analyst for the results presented here. MO and MC served as the field office coordinators for the VHEMBE study, and were instrumental in the creation of costumes and song, planning and performance of the dramatic presentation. MO provided translations for the script and song used in the performance. RB served as an advisor for the VHEMBE study in South Africa and in relations to community leaders. JC is an investigator on the VHEMBE study who provided key information on the intervention. All authors provided significant contributions and feedback on the manuscript. All authors read and approved the final manuscript.

Funding

Funding for this research was received from the National Institute of Environmental Health Sciences, Award ID: 1R01ES020360-01 (Eskenazi) and the Canada Research Chairs program (Chevrier).

Availability of data and materials

The datasets used for the analysis can be provided by the corresponding author on reasonable request. Data from individual questionnaires is not available due to privacy reasons.

Ethics approval and consent to participate

The study was approved by the Institutional Review Boards at the University of California, Berkeley and the University of Pretoria in South Africa. All participants provided verbal informed consent for participation.

Consent for publication

No identifiable data were collected and no individuals' data is presented, so consent for publication was not needed.

Competing interests

The authors declare that they have no competing interests.

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Appendix 1a: Pre- and post-performance questionnaires in English

		1E TO THE VHEMBE DRAMA. . US A LITTLE ABOUT YOURSEL	F.	
		1		
1. What is your age group?	□ 18-24 years	2. Are you?	□ Male	
	□ 25-30 years		Female	
	□ 31-40 years	3. Has the home you live	□ No	
	\Box 41 years or older	in now ever been sprayed to control malaria?	□ Yes	
			□ I don't know	
What do you think?				
4. Is it better to	low spraying for malari	a control		
□ Re	efuse spraying			
5. What are some good things	s to do BEEORE your bo	me is sprayed? (YOU CAN CH		
□ Set out tea for the sprayers	-	cupboards	□ Cover items that cannot be moved	
\Box Remove all food from the h		bedding from the home	with plastic sheet	
		-	Lead animals away from the hom	
□ Remove drinking water fro		nd wax the floor	□ Close animals inside the home	
□ Leave cupboards open □ Cover i with fabr		ems that cannot be moved	□ Keep your children's toys inside	
6. How close do you think	you should you be to	Okay to stay inside to as	sist sprayers	
your home while it is bein	g sprayed? (CHECK	Okay to stand at door to	watch	
ONE)		, □ A meter away		
		□ A few meters away		
7. How soon after a spray	ing do you think it is	Right away		
okay to enter your home?		□ After 10 minutes		
		□ After 30 minutes		
		□ After at least 1 hour		
8. What are some good thing	s to do <u>AFTER</u> your hom	ne is sprayed? (YOU CAN CHEC	K MORE THAN ONE)	
Sweep the floor	🗆 Burn de	ad insects	Rinse wash rag well before using it	
Feed dead insects to animate		rniture and seating left	again	
Discard dead insects in was	ste neap	n soap and water	Discard wash rag after using it	
Discard dead insects in latr	ine 🛛 🗆 Wash flo	por with soap and water	Re-plaster or re-paint or wash wall	
Wash your children's toys	□ Wash w	alls with soap and water	as soon as possible	
		THANK YOU!		

WE HOPE YOU ENJOY THE DRAMA!

THANK YOU FOR LISTENING. WE HOPE YOU ENJOYED THE DRAMA! 1. What do you think now? Is it better to ... □ Allow spraying \Box Refuse spraying \rightarrow WHY? □ It's too dangerous Ţ □ It's not convenient □ The spray looks bad on my walls □ Tell us any other reason?: 2. What are some good things to do BEFORE your home is sprayed? (YOU CAN CHECK MORE THAN ONE.) □ Set out tea for the sprayers Cover items that cannot be moved □ Close all cupboards with plastic sheet □ Remove all food from the home □ Remove bedding from the home □ Lead animals away from the home □ Remove drinking water from home □ Clean and wax the floor □ Close animals inside the home □ Leave cupboards open Cover items that cannot be moved with fabric □ Keep your children's toys inside 3. How close do you think you should you be to □ Okay to stay inside to assist sprayers your home while it is being sprayed? (CHECK Okay to stand at door to watch ONE) □ A meter away □ A few meters away 4. How soon after a spraying do you think it is □ Right away okay to enter your home? (CHECK ONE) □ After 10 minutes □ After 30 minutes □ After at least 1 hour 5. What are some good things to do AFTER your home is sprayed? (YOU CAN CHECK MORE THAN ONE) □ Sweep the floor □ Burn dead insects □ Rinse wash rag well before using it again □ Feed dead insects to animals □ Wash furniture and seating left

Discard dead insects in waste heap	inside with soap and water	Discard wash rag after using it
Discard dead insects in latrine	Wash floor with soap and water	Re-plaster or re-paint or wash walls
Wash your children's toys	\square Wash walls with soap and water	as soon as possible

Take home a brochure on spray safety and share it with your family. KEEP YOUR FAMILY SAFE FROM MALARIA!

Appendix 1b: Pre- and post-performance questionnaires in TshiVenda

Vho tanganedzwa litambwani la VHEMBE Ri humbela vha ri vhudze zwitukutuku nga ha vhone vhane.					
1. Thanga ya muroleDinwaha ywavho ndi ifhio?Minwaha y		2. Vha?	□ Munna □ Mufumakadzi		
□ Miṅwaha y □ Miṅwaha y	a 31-40 a 41 years na u fhira	3. Haya hune vha o khaho zwino ho no vhuya ha fafadzele langula dali?	□ Ee		
Zwi tevhelaho vha zwi vhonisa hani?		•			
	fafadzelo wa vhulangu fadzelo wa vhulangula				
5. Ndi zwińwe zwithu zwifhio zwavhudi z NANGA DZINO FHIRA NTHIHI)	wine zwa fanela u itiwa	a PHANƊA ha musi h	aya havho hu tshi fafadzelwa? (VHA NGA		
 U itela vhafafadzeli tie Bviselani zwiliwa zwothe nnda ha nndu 	□ Valani dziraga na w □ Bviselani dzinguvh nnḍa ha nnḍu	~ ~ ~	□ Tibedzani zwithu zwoţhe zwi sa bvisei nga seila l̯a pul̯asitiki □ Khadelani zwifuwo kule na nnd̯u		
 Bviselani madi a u nwa nnda ha nndu Siani dziraga na wadirobo dzo vulea 	□ Koropani ni dodze □ Tibedzani zwithu z bvselei nnda nga labi	wothe zwi sa	 □ Valelani zwifuwo ngomu nduni □ Vheyani thoyi dza vhana ngomu nduni. 		
6. Vha humbula uri vha tea u vha vha tsini na nndu yavho nga mithara mingafhani musi hu tshi khou fafadzelwa? (NANGANI NTHIHI) □ Zwo luga u dzula ngomu nduni u thusa vhafafadzeli 0. Zwo luga u dzula ngomu nduni u thusa vhafafadzeli □ Zwo luga u ima munangoni vha talela 0. Zwo luga u ima munangoni vha talela □ Zwo luga u ima munangoni vha talela 0. Kule nga mithara muthihi □ Mimithara yo vhalaho					
7. Vha humbula ndi lini hune zwo lug dzhene nduni yavho? (NANGANI NTH	l IHI) □ Nga m □ Nga m	wo vha tshi tou fhed: hurahu ha miminete hurahu ha miminete hurahu ho no fhela z	ya 10 ya 30		
8. Ndi zwifhio zwavhudi zwine vha tea u NO FHIRA NTHIHI)	ita NGA MURAHU HA n	nusi haya havho vhu	tshi fafadzelwa. (VHA NGA NANGA DZI		
 U swiela fuloro U nea zwifuwo zwikhokhonono zwo faho 	□ U fhisa zwikhokh □ T̪anzwani fanitsh salaho nd̯uni mad̯ir	ara na zwidulo zwo	□ Ţukisani labi nga maanda ni saathu u dovha na l̯i shumisa hafhu □ Lat̯ani labi l̥a u koropa nga murahu		
 Latani zwikhokhonono zwo faho daledaleni Posani zwikhokhonono zwo faho thoilethe ya dindi 	 Salaho nguni magii □ Koropani dzifulor madii □ Ţanzwani mbonc madi 	o nga tshisibe na	□ Latani labi ta u koropa nga muranu ha u li shumisa □ Pulasitelani kana ni penndulule kana u tanzwa mbondo nga u tavhanya		
🗆 Tanzwani thoyi dza vhana	/A! RI A KHOLWA VHA	DO DI PHINA NGA I	JTAMBWA!		

RO LIVHUWA VHO RI THETSHELESA. RI A KHOLWA VHO DIPHINA NGA LITAMBWA!				
Vha humbula hani zwino? Zwi khw	<i>i</i> ine u			
🗆 Tenda u fafadzelelwa	\square Hana u fafadzelelwa \rightarrow NGANI?	Zwi khombosa		
\downarrow		🗆 A zwi na mushumo		
		□ Mufafadzelo wo vhifha kha mbondo dzanga		
		Zwińwe zwiitisi-vho?:		

Ndi zwinwe zwithu zwifhio zwavhudi zwine zwa fanela u itiwa PHANDA ha musi haya havho hu tshi fafadzelwa? (VHA NGA NANGA DZINO FHIRA NTHIHI)

🗆 U itela vhafafadzeli tie	🗆 U itela vhafafadzeli tie	🗆 U itela vhafafadzeli tie
D Bviselani zwiliwa zwothe nnda ha nndu	D Bviselani zwiliwa zwothe nnda ha nndu	D Bviselani zwiliwa zwothe nnda ha nndu
🗆 Bviselani madi a u nwa nnda ha nndu	🗆 Bviselani madi a u nwa nnda ha nndu	🗆 Bviselani madi a u nwa nnda ha nndu
□ Siani dziraga na wadirobo dzo vulea	🗆 Siani dziraga na wadirobo dzo vulea	🗆 Siani dziraga na wadirobo dzo vulea

3. Vha humbula uri vha tea u vha vha tsini na	🗆 Zwo luga u dzula ngomu nḏuni u thusa vhafafadzeli
nndu yavho nga mithara mingafhani musi hu	🗆 Zwo luga u ima muṇangoni vha ṭalela
tshi khou fafadzelwa? (NANGANI NTHIHI)	🗆 Kule nga mithara muthihi
	🗆 Mimithara yo vhalaho
4. Vha humbula ndi lini hune zwo luga uri vha	Zwezwo vha tshi tou fhedza
dzhene nduni yavho? (NANGANI NTHIHI)	🗆 Nga murahu ha miminete ya 10

dzhene nduni yavho? (NANGANI NTHIHI)	🗆 Nga murahu ha miminete ya 10
	🗆 Nga murahu ha miminete ya 30
	🗆 Nga murahu ho no fhela zwaho awara 1

5. Ndi zwifhio zwavhudi zwine vha tea u ita NGA MURAHU HA musi haya havho vhu tshi fafadzelwa. (VHA NGA NANGA DZI NO FHIRA NTHIHI)

🗆 U swiela fuloro	🗆 U fhisa zwikhokhonono zwo faho	🗆 T̪ukisani labi nga maand̪a ni saathu u
🗆 U nea zwifuwo zwikhokhonono zwo	🗆 Țanzwani fanitshara na zwidulo zwo	dovha na li shumisa hafhu
faho	salaho ndٍuni maḑini are na tshisibe	🗆 Laţani labi l̯a u koropa nga murahu
🗆 Latani zwikhokhonono zwo faho	🗆 Koropani dziful̯oro nga tshisibe na	ha u l̯i shumisa
daledaleni	madi	🗆 Pul̯asit̯elani kana ni penndulule kana
Posani zwikhokhonono zwo faho thoilethe ya dindi	Tanzwani mbondo nga tshisibe na madi	u ţanzwa mbondo nga u ţavhanya
🗆 Tanzwani thoyi dza vhana		

Kha vha dzhie bammbiri nga ha tsireledzo kha mufafadzelo vha tuwe nayo hayani vha i vhale na vha muta wavho. KHA VHA TSIRELEDZE MUTA WAVHO KHA DALI!

Appendix 2: Script of the skit performed by VHEMBE staff

A sample clip from the performance can be found at https://www.youtube.com/watch?v=lvZ1W5ZJM8Y

A script to teach about malaria and how to stay safe from pesticides	Litambwa la u funza nga ha dali na u tsireledza vhathu kha zwivhulayazwikhokhonono
-ENGLISH-	-TSHIVENDA-
General Trouble meets her Match: David I. Levine	Mulangammbi vho-Khakhathi vha wana mukhaedu wavho David I. Levine
Announcer: As icebreaker- ask children a few questions to make sure they have an idea about malaria:	Mudivhadzi:Sa mvulatswinga – vhudzisani vhana mbudziso dzi si gathi uri ni vhe na vhutanzi uri vha na helwa nga ha dali:
 Who knows what malaria is? How do we get malaria? 	 Ndi nnyi ane a divha uri dali ndi mini? Ri wana dali?
Announcer: We want to tell you a story about a mosquito army and things mummies can do to protect you against malaria and malaria spray.	Mudivhadzi: Ri tama u ni vhudza nganea nga ha mmbi ya vhunyunyu na zwithu zwine vho-mme vha nga zwi ita u ni tsireledza kha dali na mufafadzelo wa vhunyunyu.
Are you ready?	No luga?
Mosquito army headquarters [A general is addressing a line of new recruits.]	Gammbani khulwane ya vhunyunyu [Mulangammbi u khou amba na maswole maswa mufoloni.]
Mosquito General: Welcome new recruits. I am General Trouble. I command the most deadly army that has ever lived. My mosquito army has killed more people than all the wars of the world combined!	Mulanga mmbi wa vhunyunyu: No tanganedzwa maswole maswa. Ndi nne Mulangammbi Khakhathi. Ndi ranga phanda mmbi ya khombosa kha mmbi dzothe dzo no vhuyaho dza vha hone. Mmbi yanga ya vhunyunyu yo no vhulaha vhathu vha no fhira vho vhulaiwaho kha nndwa dza lifhasi dzothe dzo tanganal
< <mosquito cheer!="" soldiers="">></mosquito>	< <maswole a="" ita="" khuwa!="" vhunyunyu="">></maswole>
< <images aerial="" fleet="" formation="" in="" military="" mosquitos="" of="">></images>	< <zwifanyiso ho<br="" mutevhe="" vhunyunyu="" wa="" zwa="">ita mufolo zwi khou leleda muyani>></zwifanyiso>
Junior mosquito: How did we do that, General?	Lunyunyu lutuku: Mulangammbi, izwo ro tou zwi itisa hani?
General: Let me tell you. Before I lay eggs, I need a great big meal. And my favorite big meal is human blood. I fly to a human- usually one that is sleeping.	Mulangammbi: I rai ndi u vhudze. Musi ndi saathu u kudzela makumba, ndi toda u la mahinyahinya nda fura. Mahinyahinya ane nda a funesa ndi malofha a muthu. Zwino ndi fhufha nda ya kha muthu – kanzhi o edelaho.

Jr.: Then what do you do?	LL.: Nga murahu ha izwo vha ita mini?
G: I stick my pointy snout, and [SLURPP!!] suck up blood.	MM: Ndi toka ludomo lwanga holwu lwa lutoswi, nda [slllp!] tzonzwa, malofha.
Jr.: Oh, you suck their blood and they die?	LL: Oh, vha tzonzwa malofha avho vha fa?
G.: No! Taking a little blood doesn't kill them.	MM: Na khathihi! U dzhia zwidofha nyana khavho a zwi vha vhulahi.
Jr.: So what makes you deadly?	LL: Zwino ndi zwifhio zwine zwa ita uri vha vhe khombo?
G.: When I bite them, I also leave a little "gift." If last week I drank blood from someone with malaria, then this week I leave some malaria behind. Aren't I nice?!	MM: Musi ndo luma, ndi vha siela kufhiwa kutuku. Arali vhege yo fhiraho ndo nwa malofha kha muthu are na dali zwi amba uri ino vhege muthu ane nda mu luma ndi mu sia na dali. Ndi a vhavha thi?!
Jr.: I see. So our mosquito army spreads malaria. How fun! What happens next?	Jr: Ndi a vhona. Zwi amba uri mmbi yashu ya vhunyunyu i phadaladza dali. Ndi zwavhudi hezwo! Zwino hu itea mini nga murahu ha izwo?
G.: When I am done feeding, I am so full that I turn red. Do you know why?	MM: Musi ndo no fhedza u la, ndi vha ndo fura nga maanda lune ndi a tswukuluwa. U a divha uri ndi nga mini?
Jr.: You must be full of people blood!	LL: Vha fanela u vha vho dala nga malofha a vhathu!
G.: That is right. I am so full, I fly to the wall and rest. A few minutes later, I am on my way to spread even <i>more</i> malaria.	MM: Ndi ngoho heyo. Ndi vha ndo fura lune u a divha, ndi tea u fhufha nda ya luvhondoni nda tou thoma nda awela. Nga murahu ha miminete I si gathi, ndi a takutshedza nda yo phadaladza dali hafhu nga vhunzhi.
Jr.: And what happens to the person you bit?	LL: Zwino hu itea mini kha muthu we vha mu luma?
G.: Well, the malaria bugs I left start to multiply. Soon, that poor human has billions of malaria bugs living inside. It is like having a whole city full of tenants, but they do not pay rent! They just give that poor human malaria!	MM: Khezwi, zwitzhili zwa dali zwe nda sia zwi thoma u beba zwa anda. Hu si kale ula muthu wa vhathu u vha a na <i>zwinzhizwinzhi, zwi sa</i> vhalei zwi tshi khou tshila ngomu khae. Zwi di tou fana na dorobo yo dala nga mabodasi hone a sa badeli rennde! A sokou tou nea muthu wa vhathu dali!
Jr.: What is malaria?	LL: Dali <i>ndi</i> mini?
G.: They get a high fever and usually a terrible headache. Best of all, sometimes they throw up! I love being a mosquito!	MM: Ndi musi a tshi vha na mufhiso wa muvhili ure ntha kanzhi na thoho I remaho lu shushano. Zwi no takadzesa ndi uri tshinwe tshifhinga vha a ita na u tanza. Ndi a zwi funa u vha lunyunyu.
Jr.: Sounds great! Where do we start?	LL: Zwi pfala zwi zwithu zwa nthesa! Naa ri thoma gai?

< <if a="" chart="" convenient,="" general="" name="" of="" points="" the="" to="" village.="" with="">></if>	< <arali konadzea,="" mulangammbi="" sumba<br="" tshi="" u="" zwi="">dzina la muvhundu kha tshathi ire luvhondoni. >></arali>
G.: We are going to attack << VILLAGE NAME>>.	MM: Ri khou ya u thasela < <dzina la<br="">MUVHUNDU>>.</dzina>
Announcer: In this village lives Tshinakaho and her child, Mulalo. Tshinakaho loves her child dearly, and she wants Mulalo to stay safe from malaria.	Muqlivhadzi: Kha hoyu muvhundu, hu dzula vho- Tshinakaho na nwana wavho Mulalo. Vho- Tshinakaho vha funesa nwana wavho nahone vha toda Mulalo a tshi dzula o tsireledzea kha dali.
[Scout #1 flies in]	[Matshingilane #1 tshi dzhena tshi tshi fhufha]
Scout #1: Bad news, General. Tshinakaho has agreed to spray the walls of her house with pesticides.	Matshingilane #1: Mulangammbi, mafhungo mavhi khea. Tshinakaho o tenda uri hu fafadzelwe mbondo dza nndu yawe nga tshivhulayazwikhokhonono.
Junior: Why is that a problem?	LL: Izwo zwi thaidzo nga mini?
General: I said how after we eat we have to fly to the wall and rest. When the walls have poison, we won't ever take off! If this spraying becomes popular, < <village name="">> will be almost completely safe from me and my army.</village>	MM: Ndo talutshedza uri hani ro fhedza u la ra fhufhela luvhondoni ra ya ra awela. Musi mbondo dzi na phoizeni (vhutulu/mushonga), a ri nga dovhi ra kona u takuwa. Arali hoyu mufafadzelo wa tou divhea, muvhundu wothe < <dzina la<br="">MUVHUNDU>> u do vha wo tsireledzea kha nne na mmbi yanga.</dzina>
[Scout #2 returns]	[Matshingilane #2 u a vhuya]
Scout #2: An update from Mulalo, General.	Matshingilane #2: Manwe maswa maswa khea a bvaho kha Mulalo, Mulangammbi.
< <shows image="" mulalo="" of="">> Mulalo said, "I am worried the spray will get on my doll and make her sick!"</shows>	< <sumbedzani mulalo="" tsha="" tshifanyiso="">> Mulalo uri, "Ndi khou vhilaela uri mufafadzelo u do dzhena kha mpopi wanga wa u lwadza."</sumbedzani>
General: That is great news! Keep it up, Mulalo! Without the spray, it is far easier for me to give malaria to lots of Tshinakaho's family. A few weeks later, and my army can give malaria to even more of the village!	MM: Hee, hao ndi mafhungo a vhudisa! Isai phanda nga uralo Mulalo! Arali hu si na mufafadzelo, zwi a nndelutshela u phadaladza dali kha vhathu vha muta wa vho-Tshinakaho nga vhunzhi. Nga murahu ha vhege dzi si gathi, mmbi yanga I nga kona u phadaladza dali kha vhathu vhanzhi vha muvhundu hoyu.
Junior: <i>Mosquitos Rule</i> ! But how will we get the whole village sick? Won't the neighbors have spray on their walls?	LL: <i>Rine vhunyunyu ri dzingwena!</i> Zwino ri do tou zwi itisa hani uri ri lwadze muvhundu wothe? Naa vhadzulatsini vhavho a vha na mushonga kha dzimbondo?

General: If we can attack even one family, the rest of the village is easier. We mosquitos will stay filled up with fresh malaria bugs, and when the other villagers are away from home, the spray on their home's walls cannot protect them.	MM: Arali ra nga kona u thasela muvhundu wothe, na u thasela muvhundu wothe zwo ri lelutshela. Rine vhunyunyu ri do dzula ro fura zwitzhili, nahone vhanwe vhadzulapo vha vhuya vha tou bva nnda ha mudi wavho, mushonga u re kha dzimbondo dza midini yavho a I nga koni u vha tsireledza.
Junior: I see. Then we can bite them!	LL: Ndi khou vha wana zwino. Zwi amba uri rine ri nga konaha u vha luma.
General: That is right. It takes a village to fight us. Everyone needs to spray their houses. Otherwise, we will win!	MM: Ndi zwone. U lwa na rine, zwi toda muvhundu wothe. Vhothe vha fanela u fafadzela nndu dzavho. Zwa sa ralo rine ri a vha phala.
The village [Tshinakaho and Mulalo (child) sitting in front of their home. Mulalo is busy playing on the floor with her toys. This side contains some food, a water container, a table, a bowl with water and a cleaning cloth, toys and other props needed. There is a door or something representing a door to outside the home.]	Muvhunduni [Vho-Tshinakaho na Mulalo (ṅwana) vha khou amba vho dzula phanda ha mudi wavho. Mulalo u kati u khou tambisa dzithoyi dzawe. Kha holwu lurumbu, huna zwiliwa, tshigubu tsha madi, tafula, ndishi ire na madi na labi la u koropa, thoyi na zwinwe zwishumiswa zwa litambwa. Huna vothi lo imelaho vothi la u bvela nnda ha mudi.]
Tshinakaho: The rains have come. Soon and army of mosquitos will be here. I need to do something!	Vho-Tshinakaho: Dzimvula dzo no thoma khedzi. Hu si kale mmbi ya vhunyunyu I do vha yo shoma. Ndi tea u vhamba maano.
General, in a magnified corner of the room/other side of the stage: "I have to do something about Tshinakaho. Junior, carry this message to Mulalo." < <general in="" junior="" m's<br="" sends="" to="" whisper="">ear>></general>	Mulangammbi vha kha inwe khona I vhonalaho ya lufhera/lunwe lurumbu lwa vhugalatenga. Ndi tea u ita zwinwe zwithu. < <mulangammbi lunyunyana="" ruma="" u<br="" vha="">hevhedza ndevheni ya Mulalo>></mulangammbi>
M: Mummy, please don't let them come to spray our house again. The spray will hurt my doll.	M: Mma, vha songo tenda vha tshi da u fafadzelwa nndu yashu hafhu. Mufafadzelo u do vhaisa mpopi wanga.
< <general dancing="" is="" joy!="" with="">> "Mulalo is the best! Good work!"</general>	< <mulangammbi dakalo!="" khou="" nga="" tshina="" vha="">> Mulalo, ndi wa nthesa. Wo shuma zwavhudi!</mulangammbi>
Tshinakaho: If we do not spray, we are all at risk of getting sick. Good parents do not let mosquitoes into their homes.	Tshinakaho: Arali ra sa fafadzelelwa, rothe ri khomboni ya u lwala. Vhabebi vhavhudi a vha tendeli vhunyunyu mahayani avho.
< <general is="" sad.="">></general>	< <mulangammbi tungufhala="" vho="">></mulangammbi>
M: I understand, mommy, but malaria control sprays all over our house and even my room. I worry that whatever kills mosquitoes is bad for my doll and	Mulalo: ndi pfesesa mma, fhedzi vha mufafadzelo vha fafadzelwa hothe hothe nduni yashu na kamarani yanga. Ndi a vhilaela uri zwi no vhulahi vhunyunyu a

Bobby (the dog?)and for me too!	si zwavhudi na kha mpopi wanga na mmbwa yanga Bobby, na nne!
T: But we can do things to keep us safe from the spray. We can keep the spray from getting into our food and water by covering the containers tightly and moving them several meters away from our house. We also need to move our dishes and pots.	T: Fhedzi hu na zwine ra nga ita u u di tsireledza kha mufafadzelo. Ri nga thivhela uri mufafadzelo u sa dzhena zwiliwani na mdini ashu nga u tiba ra khwathisa zwo faraho izwo zwithu nahone ra zwi bvisela nnda ra zwi vhea kule na nndu nga mimithara yo vhalaho. Ri tea u bvisa na dzindishi dzashu na dzibodo.
M: But what about my toys and my bed? I don't want spray on my toys!	M: A thi todi mufafadzelo kha dzithoyi dzanga!
<	< <mulangammbi hafhu!="" takala="" tshina="" vha="" vho="">></mulangammbi>
Announcer: Now what do you think we should do? (ask school children)	Mudivhadzi: Zwino ni humbula uri ri tea u ita mini?(Vhudzisani vhana vha tshikolo)
M [thinking]: I can just move my bedding and toys out of the house near the food and water, a few meters outside the house. Then the bedding and toys won't get spray on them.	M: [a tshi khou humbula]: Ndi nga kona u bvisa nguvho dzanga na thoyi dzanga nduni, nda dzi vhea tsini na zwiliwa na madi, kule ha nndu nga mimithara I si gathi. Nguvho na thoyi a zwi nga vhi na mufafadzelo khazwo.
< <t and="" bedding="" carry="" mashudu="" toys<br="">outside.>></t>	< <tshinakaho hwalela="" mulalo="" na="" na<br="" nguvho="" vha="">thoyi vha isa nnda.>></tshinakaho>
M: What about Bobby?	Mulalo: Bobby tshone?
Announcer: Ask children-what do you think they should do with Bobby?	Mudivhadzi: Vhudzisani vhana vha tshikolo - Zwino ni humbula uri ri tea u ita mini nga Bobby?
T: Yes, we should move him and all the other animals away from the spray and make sure they stay away.	Tshinakaho: Ee, ri tea u tshi bvisa, na zwinwe zwifuwo zwothe ra zwi bvisela kule na mufafadzelo ra ita uri zwi bvele kule.
< <general again.="" is="" sad="">></general>	< <mm dovha="" tungufhala.="" vha="" vho="">></mm>
General: Junior, bring one more message for our friend M.	MM: Lunyunyu Lutuku, isai munwe mulaedza kha khonani yashu Mulalo.
<	<< LL u fhufha a ya ndevheni ya Mulalo.>>
M: But what about the things we can't move?	Mulalo: Zwino zwithu zwinw ra sa kone u zwi bvisa?
T: You have a beautiful school bag. When it rains, do your books get soaking wet?	Tshinakaho: Ni na mukhwama wa u naka. Musi mvula I tshi na, bugu dzanu dzi a nukala?
M: No, they don't because I cover my school bag with my raincoat.	M: Hai, a dzi nukali ngauri ndi fukedza mukhwama wanga nga renikhouthu.
T: So, the same idea works just like you use your raincoat to cover your school bag, we have to cover those things we can't move. Now you can help me get ready!	T: Muhumbulo wonoyo muthihi u a shumavho hanefhasa zwine na ita ni tshi tibedza mukhwama wanu nga renikhouthu, ri tea u tibedza hezwo zwithu zwine ra sa kone u zei bvisa. Zwino ni nga nthusa u

	dilugisa!
< <here, advice,<br="" all="" and="" cases="" following="" in="" of="">Tshinakaho performs safe behaviors. >></here,>	< <hafha fhethu="" hothe="" hu="" na="" tevhelaho,="" vho-<br="">Tshinakaho vha ita magao tsireledzeaho.>></hafha>
<< General is sad: "Oh no, Tshinakaho is giving good advice and doing the right thing.>>	< <mulangammbi tungufhala:="" vho="" vho-tshinakaho<br="">vha khou nea tsivhudzo dzavhudi nahone vha khou ita zwone>></mulangammbi>
M: that makes sense to get ready for the sprayers. So mommy, when the sprayers arrive, can I stay in the house and watch TV?	Mulalo: Zwi a pfesesea u lugisela vha mufafadzelo. Zwino mma, vha mufafadzelo vha tshi swika, ndi nga dzula nduni nda vhona TV?
T: No Mulalo, it is important to stay out of the house until all the spraying is done. The house will get all wet with that spray! We will have to wait outside of the house at least an hour before going back in after the spray team leaves. We need to give the spray a chance to dry.	T: hai Mulalo, ndi zwa ndeme uri ri dz\ule nnda ha nndu u swika musi u fafadzelwa ho no fhela. Nndu I do nukala yothe nga mufafadzelo! Ri do tea u lindela ri nnda ha nndu lwa awara nthi ri saathu u vhuyelela nduni nga murahu ha musi vho no fafadzela. Ri tea u tendela mufafadzelo wa thoma wa oma.
<< General is sad, pacing: "I don't like to hear this." Send Junior over again.>>	< <mulangammbi tsa="" tshi="" tungufhala,="" vha="" vha<br="" vho="">tshi gonya. A thi funi u pfa hezwi'' Rumelani LL hafhu.>></mulangammbi>
M: But then when we go into the house mommy, won't there still be spray everywhere we eat and play?	Mulalo: Mara mma, musi ri tshi vhuyelela nduni, hu do vha si tshee na mufafadzelo hothe hune ra lela hone na hune ra tambala hone?
T: The spray team will give us a plastic sheet to cover our table before they spray. It will keep the spray off our table just like your raincoat keeps the rain off of you. When they are finished, they will remove the sheet. And after they leave, I will bathe our table- just like you bathe yourself. I will wipe our table with soapy damp cloth.	Tshinakaho: Vha tshigwda tsha mufafadzelo vha do ri fha mapulasitiki uri ri tibedze tafula musi vha saathu u fafadzelwa. Li do ita uri mufafadzelo u sa wele kha tafula yashu sa zwine renikhouthu ya thivhela mvula kha inwi. Musi vho no fhedza, vha do bvisa pulasitiki. Nne ndi so phumula tafula nga labi lo nukalaho li re na tshisibe.
< <general "wash<br="" calls="" junior:="" perks="" to="" up,="">the walls! Tell them to wash the walls!" >></general>	< <mulangammbi imisa="" thoho="" vha="" vhidelela<br="">LL. "Tanzwani mbondo!Vha vhudzei vha tanzwe mbondo!">></mulangammbi>
M: Mommy, will you wash the walls too?	Mulalo: Vha do tanzwa na mbondo?
T: No, we must not wash the walls! We need the spray there to keep the mosquitoes away	T: Hai, a ri tei u tanzwa mbondo! Ri toda mufafadzelo u thatha vhunyunyu
< <general "nooooo!="" appears="" crushed:="">></general>	< <mm haaaiiiii!="" pwashekana:="" vha="" vho="" vhonala="">></mm>
T:but we will wash the tables and any other furniture left behind very well.	T:fhedzi ri do tanzwa mbondo na inwe fanitshara yo salaho zwavhudi.
M: But Mommy, now the spray will be in the cleaning water and on the cleaning cloth!	Mulalo: Fhedzi Mma, musi zwino mufafadzelo u do vha u madini a u kulumaga na kha labi!
T: Clever girl. That is why I should discard the water away from the home and throw away the cloth.	T: Musidzana wa u thanya. Ngazwo ndi tshi tea u tevhula madi kule na hayani, nda lata na labi la hone.

M: But what about spray on the floor where I play?	Mulalo: Fhedzi uyu mufafadzelo u re afha fhasi hune nda tamba hone?
T: Mommy already knows how to clean the floor. I will sweep it. There will probably be many dead cockroaches, mosquitoes, and insects form all the spray.	T: Mma vha divha uri vha kulumagise hani fuloro. Ndi do u swiela. Hu nga vha hu na mabete manzhi, vhunyunyu na zwinwe zwikhonono zwo faho nga nthani ha mufafadzelo.
< <general and="" head="" his="" holds="" is="" loudly.="" sad.="" weeps="">></general>	< <mm farelela="" thoho="" tungufhala.="" vha="" vho="" zhamba.="">></mm>
M: Oh goody! Our chickens will have a feast!	Mulalo: Oh, ndi zwavhudi. Khuhu dzashu dzi do tou diphina!
<< General is sad. Weeps even more loudly and dramatically.>>	< <mm nana="" tou="" tungufhala.="" u="" vha="" vho="" zhamba.="">></mm>
T: No, not this time, Mulalo. Remember all dead cockroaches, mosquitoes and other insects will have spray on them. We don't want the chickens to get that spray inside their bodies, because we don't want to taste in in their eggs or meat.	T: Hai, I sini hezwino Mulalo. Ni humbule uri mabete othe o faho, vhunyunyu hothe na zwinwe zwikhokhonono zwo faho zwi do vha zwi na mufafadzelo khazwo. A ri todi khuhu dzi tshi vha na mufafadzelo mmivhilini yadzo ngauri a ri todi u zwi la kha makumba adzo na nama yadzo.
M: So what will you do with them, Mommy?	Mulalo: Zwino vha do ita ngazwo Mma?
T: I will bury them, burn them, or toss them into the latrine	T: ndi do zwi gwela dindini, u zi fhisa kana nda zwi lata thoilethe.
< <general: "not="" latrine!!!!"="" the="">></general:>	< <mm: i="" ni="" si="" thoilethe!!!!="">></mm:>
T:I will also wash the floors that I can with soap and water. Make sure you don't come close to that while I sweep or wash. Better you should play outside.	T:Ndi do koropa fuloro dzine nda kona nga madi na tshisibe. Ni thogomele uri ni songo sendela tsini musi ndi tshi khou swiela kana u koropa. Ndi khwine ni tshi vha ni tshi khou tamba nnda.
< <t and="" carries="" floor="" has<br="" she="" sweeps="" what="">swept offstage>></t>	< <t bvisela="" fuloro="" ha="" mathukhwi="" nnda="" swiela="" vha="" vhugalatenga="">></t>
M: Mommy is so clever. I do not want our chickens and Bobby to eat bugs covered in the spray! And I don't want to be near either!	Mulalo: Mma vho thanya wee. A thi todi khuhu dzashu na Bobby dzi tshi la zwikhokhonono zwo dalaho mufafadzelo. Na nne a thi todi vha tsini!
T: Then, guess what is then left for mommy to do? [T holds up her hands]	T: Zwino humbulani uri tsho salelaho Mma uri vha tshi ite ndi mini? [T u takulela ntha zwanda zwawe]
M [pauses, thinking]: You have to wash your hands!	Mulalo [U ima, a humbula]: Vha tea u tamba zwanda!
T: Yes! I will use soap and water to make sure no spray is on my hands.	T: Ee. Ndi do shumisa tshisibe na madi u itela uri ndi vha na vhutanzi uri a huna mufafadzelo kha zwanda zwanga.
< <t (if="" a="" and="" basin="" feasible="" hands="" on="" soap="" stage).="" to="" wash="" with="">></t>	< <t madi="" na="" ndishini<br="" nga="" tamba="" tshisibe="" vha="" zwanda="">kha vhugalatenga (arali zwi tshi konadzea).>></t>
M: Now I understand, mosquitoes are too dangerous.	Mulalo: Zwino ndi a pfesesa, vhunyunyu vhu khombo

nga maanda. Vha mme wa khwinesa nahone a thi tsha ofha vha mufafadzelo wa dali.
< <mm tungufhalesa="" vho="">> AARgh!!!</mm>
<>Hafha hothe, MM vha sumbedza tsumbo dza u dzikukana, vha rwa mbondo, vha di kokodzekanya mavhudzi, vha latekanya zwithu, vha thudzekanya tafula ya gammbani, vha kherukanya dzitshati dza madzina a muvhundu vha tshi khou tswimila, vha wa vha lala fhasi nga khofheni na u ginda fhasi nz. A huna u thivhelwa kha tshikalo tsha u dzikukana ha MM hune vha nga hu sumbedza>>
Musi MM vha tshi khou ita misumbedzo, vhuyedzedzani thundu nduni
T: Zwino kha ri vhone arali ni tshi kha di humbula zwe nda ni funza. Ni nga thusa hani Mma u lugisela vha jufafadzelo?
< <mulalo madi="" na="" sumba="" thundu="" u="" u<br="" ya="" zwiliwa,="">bika.>></mulalo>
Mulalo: Ndi nga vha thusa nga u tiba zwiliwa, madi na pani dza u bika nda tou khwathisa nda bvisela na thundu nnda ha haya.
T: Thoyi na dzinguvho dzone?
Mulalo: Ndi do vha thusa u bvisa dzithoyi, Mupopi, nguvho na Bobby na tshone nda tshi bvisela nnda.
T: Rine ri fanela u ita mini musi vha kati na u fafadzela>
Mulalo: Ri tea u vha ri kuuule na nndu.
T: Vhudzisani vhana – Ri tea u lindela tshifhinga tshingafhani ri saathu u vhyelela nga ngomu nduni? [Lindelani vhana vha fhindule]
Mulalo: Awara nthihi musi mma vha tshi nga vhuyelela nduni u swiela na u koropa fhasi na u phumula tafula nga labi lo nukalaho.
< <t labi="" luswielo="" na="" nțha="" takulelal="" vha="">></t>
T: Ni musidzana o thanyaho!
Mulalo: Ndi do funza-vho na gugu na mme a Mpho. A thi todi mufafadzelo u tshi dzhena kha thundu dzavho.

The End	Magumo
General, bandaged and limping into the sunset, with only Junior by his side: In six months, the spray will wear off. If the humans forget to spray again, mosquitoes and malaria will win next time! This war is not over yet	MM, vho banditshiwa nahone vha tshi khou tudza, vha tshi ya thango ya vhukavhela, vha tshi tou vha na LL nga thungo yavho. Nga murahu ha minwedzi ya rathi, mufafadzelo u do vha wo fhufha. Arali vhathu vha hangwa u fafadzela hafhu, vhunyunyu na dali zwi do wina roundu I daho. Heyi nndwa a yo ngo fhela
Junior, all battered up [wearing bandages or a sling, if feasible]: So have the mosquitoes lost our war against humans?	LL, o huvhala, [o banditshiwa kana o vhhofhiwa tshanda arali zwi tshi konadzea]: Zwi amba uri vhathu vho ri kunda?
< <image happy="" of="" villagers=""/> >	< <hu muvhunduni="" vha="" vhathu="" vho<br="" vhonala="">takala. >></hu>
General: The battle is over. For the first time, we have lost! Who would have thought a mother and her daughter could defeat my beautiful army of death and disease!	MM: Heyi nndwa o fhela. Lwa u tou thoma, ro kundwa. Ndi nnyi we a vha a tshi nga humbula uri murathu na mukomana vha nga kunda mmbi yanga ya vhudivhudi ya bulayo na malwadze!
Mosquito headquarters: Junior, stumbling back: General, all the mosquito soldiers you sent to spread malaria are gone!	Gammbani ya vhunyunyu LL a tshi khou pepeleka a tshi vhuya: Vho- Mulangammbi, maswole othe a vhunyunu e vha a rumela u phadaladza dali ha tsheeho!
< <mosquitoes are="" deaths.<br="" dramatic="" dying="">Make the deaths big, loud, exaggerated, and silly. Spin around, holding own neck. Fall on ground and kick feet. Pause, then kick one last time, etc.>></mosquitoes>	<>Vhunyu vhu fa nga ndila I mangadzaho. Itani uri mpfu dza hone dzi vhonale dzi khulwane, dzi na phoso, zwo titilidzwa nahone zwi tshi seisa. Dzunguluwani, no farelela mukulo wanu. Niu we ni raherahe. Ni awele nyana ni kone u raha lwa u fhedzisa, nz>>
Mosquito 1, 2, 3: AAAargh!!	Lunyunyu 1, 2, 3AAAargh!!
Mosquito 2: Oh no, it is poison!	Lunynyu 2: Ehe Hai, ndi mushonga!
Mosquito 1: What is this?	Lunyunyu 1: Ndi mini izwi?
< <dozens and="" attacking="" dying="" mosquitoes:="" of="">></dozens>	< <guma ita="" khou="" la="" li="" line="" na<br="" thaselaho="" vhunyunyu="">u fa:>></guma>
Scout: the entire village has listened to Tshinakaho. They are all spraying.	Muvhundu wothe wo thetshelesa vho Tshinakaho. Vhothe vha khou fafadzelelwa.
Mosquito attack in the village. < <flying formation<br="" in="" military="" mosquitoes="">approaching Tshinakaho's village>></flying>	Vhunyunyu vhu thasela muvhundu. < <vhunyunyu fhufha="" guma="" ho="" ita="" khou="" la<br="" no="" vhu="">mmbi ya maswole u swika muvhunduni wa vho Tshiakaho>></vhunyunyu>
T: We can all work together to stay safe!	T: Ri nga shumisana rothe uri ri tsireledzee!

Notes:

- The script can also be used as a play or puppet show.
- With illustrations, it can be made into a picture book.
- You can increase the number of lessons in discussion. For example, get people to talk about why they don't want to spray. For example:
 - Believe spraying will bring cockroaches to their homes (remind them that there will likely be dead cockroaches as a result of spraying to address this concern.
 - Spray gives them headaches. That is why they need to stay far away and not go back for 1-2 hours.
 - Spraying might even increase the numbers of mosquitoes. Explain that mosquitoes do not thrive on spray.
 - Spray workers might see what is in their homes and spread stories in the village or even 'steal' their things.
- You can use the characters to reiterate the points in discussion. For example, one of the actors introduce one way to prevent malaria, e.g., bednets; you can have them teaching yet another character like a husband or child e.g., to make sure yard is clean from standing water, etc.
- You can have a role-play where the actors ask questions or play a scenario and participants must say if the actor did what was correct based on what they learned.
- We can give out a pre –post questionnaire to accesss learning
- At the end you can give them a check sheet or pamphlet.
- If you present to children, can we give the child a sticker if they help their parent on one of the things on the check sheet. Perhaps at church or school?

Melodramatic sadness video for inspiration for General's tragic ending: <u>https://www.youtube.com/watch?v=TrYxFEOQCpg</u>

Appendix 3: The song sung by VHEMBE staff in TshiVenda after the presentation of the skit

A sample clip from the song performance can be found at https://www.youtube.com/watch?v=S_gbrBxDGys

<u>Tsini ha lunyunyu</u>	Near the mosquito
Tsini ha lunyunyu;	Near the mosquito
Tsini halwo	Near it
Ni songo sendela tsini halwo.	Do not go near it.
Arali no edela, di tsireledzeni	If sleeping, protect yourself.
Lwa ni luma ni do lwala malaria.	If it bites you, you will have malaria.
Chorus: Ditsereledzeni x3	Chorus: Protect yourself x3
Kha mufafadzelo.	From malaria control indoor spraying
Rapping/ Talking:	Rapping/ Talking:
Tsumbo dza malaria :	Signs and symptoms of malaria:
Mufhiso ure ntha	High fever
U rema ha thoho	Headache
U tanza	Vomiting
Na u tetemela	Shivering
Vha tshi pfa izwo, kha vha ye kiliniki.	If you feel these, please go to the clinic.
Musi vha mufafadzelo vha tshi da;	When the spray workers come;
Tendani vha tshi ni fafadzelela.	Allow them to spray
Hone tevhedzani ndaela dzavho;	However, follow their instructions;
Uri na inwi-vho ni tsireledzee.	So that you can also be protected.
Chorus: Ditsereledzeni x3	Chorus: Protect yourself x3
Kha mufafadzelo.	From malaria control indoor spraying
Rapping/ Talking:	Rapping/ Talking:
Tibani zwiliwa, tibani madi	Cover the food, cover the water
Vheani fanitshara vhukati ha nndu,	Push the furniture to the middle of the house
Zwi no takulea, bviselani nnda ha nndu,	Move what is portable outside the house,
Inwi na vhana, ni bvele kule.	You and the children should move far away.
Mulaedza khoyo;	Here is the message;
Vho u pfana?	Did you hear it?
Ndi zwa ndeme u thivhela malaria	It is important to prevent malaria. But;
Chorus:	Chorus:

Received: 22 December 2018 Accepted: 4 June 2019 Published online: 14 June 2019

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