

# Dental Curriculum

Everyone please point to your teeth



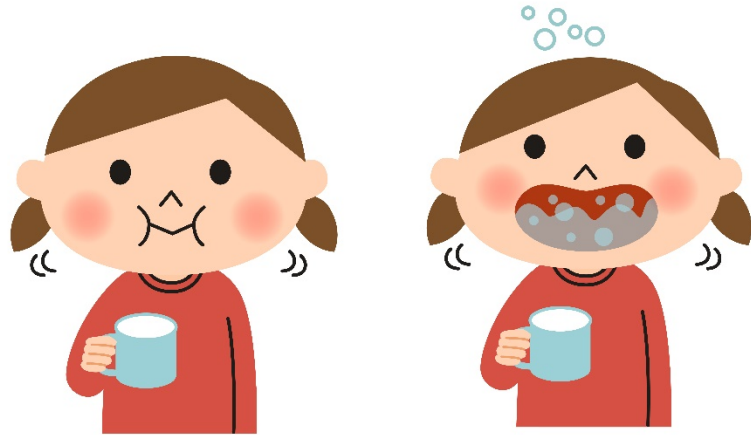
# What do we use our teeth for?

- Chewing
- Talking



# Our teeth are like Pets

- They need love and attention-Daily Brushing
- They need food and water-Toothpaste and Fluoride
- You should not hurt them



- Mouth Gargling



# What hurts our teeth?

- Candy
- Cool drinks
- Juice

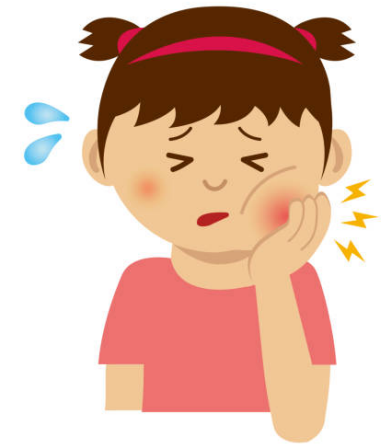
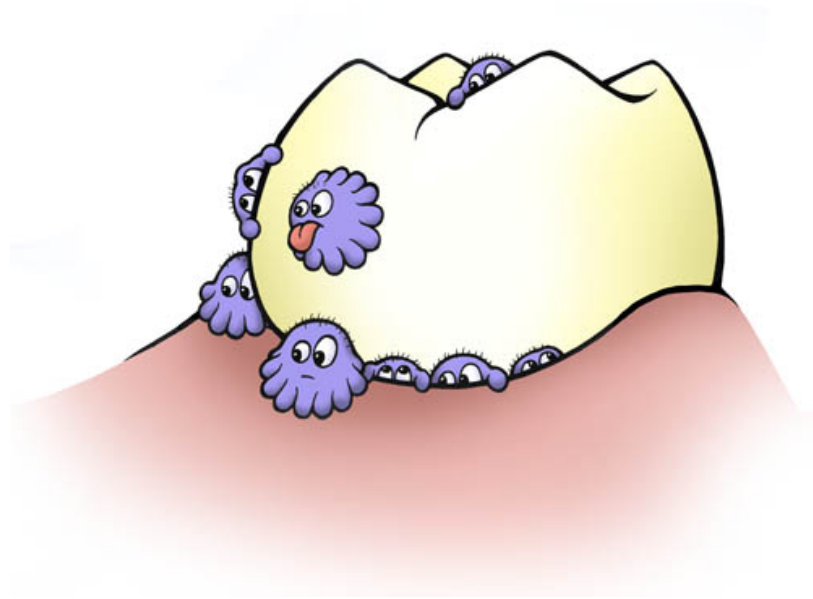
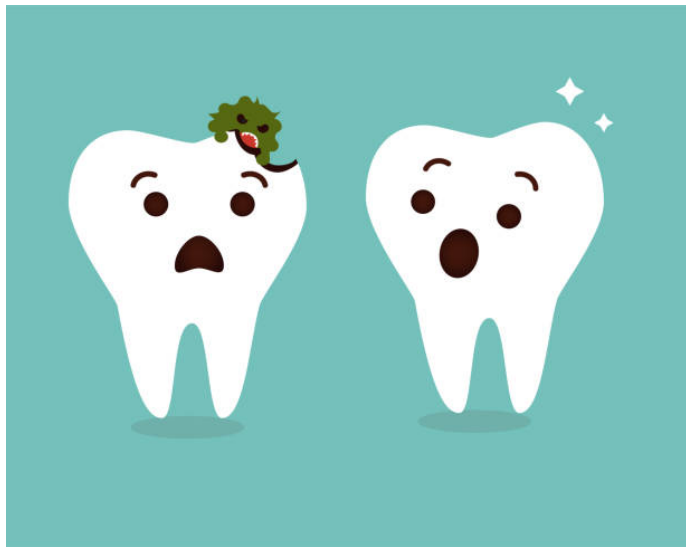


# Good food and bad food



# Why do these things hurt our teeth?

- When sugar sits on our teeth, little monsters come out and eat the sugar and poop out acid
- This acid makes holes in our teeth and we feel pain





# Why are we supposed to brush our teeth?

- Brushing the teeth gets rid of all the sugar so there is nothing for the monsters to eat so they go away





# When should we brush our teeth?

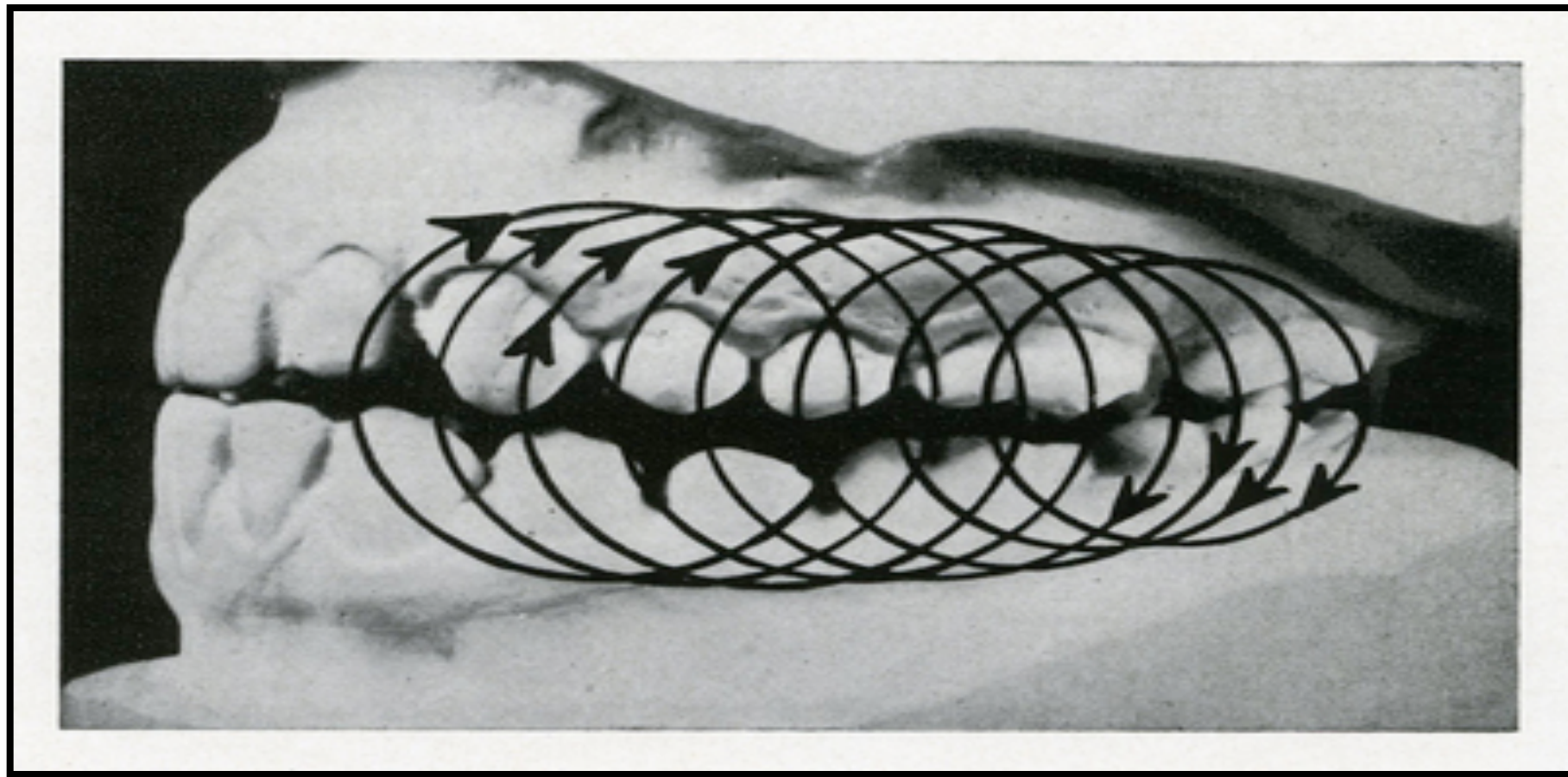
- Twice a day, morning and after dinner



# Tooth Brushing



# Tooth Brushing



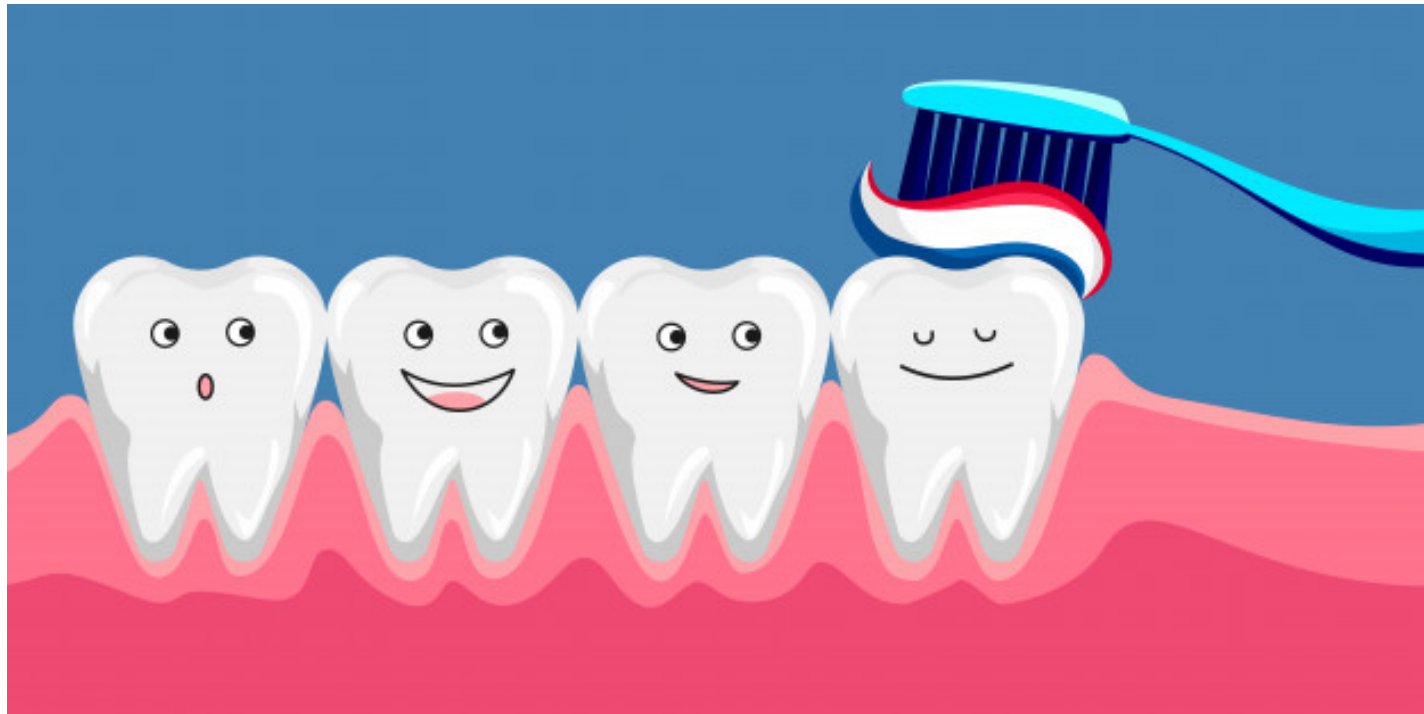
Raise your hand if you brush your teeth twice a day. If your neighbor brushes twice a day, give them a high-five!





# Letters Home

- Teachers please write this content on the board and ask children to copy it on their notebook and get it signed from their parents.
- “My child brushes teeth morning and night with a fluoride toothpaste.”



# Now let's take a look at each other's teeth

- Oral Exam Activity:
- Let students pair up and examine each others mouth to check for black spots. If students find any such spots, let them report to the teacher.
- Teachers can advise for dentist visit.

# Do you need to go see the dentist?

- If you have any dark or black spots, you need to go see the dentist
- If you have any pain, you need to go see the dentist

# Who knows what a dentist does?

- Check your teeth and fill in any holes you have to make your pain go away

