

## Toothbrush tag

*Ages:* 5-10

*Time:* 5 to 15 minutes

*What you need:* 8 or more players, 1 leader with a loud voice, a large area for running.

*How to play*

Divide into 2 teams of equal size. One team is Germs, the other team is Kids.

Start with the Germs chasing the Kids. Germs hold up one open hand. If a Germ tags a Kid, the Kid has cavity and becomes a Germ.

Option: If not too loud for the setting: Germs can growl when they chase.

At some point the leader yells out "Brush teeth." Now the Kids chase the Germs. Kids hold out their index (pointer) finger like an imaginary toothbrush. If Kid tags a Germ with the "toothbrush", the Germ player becomes a Kid.

Option: If not too loud for the setting: Kids chant "Brush, brush, brush" when they chase.

The leader can then yell out "Forgot to brush!" Again the Germs chase the Kids.

The leader continues yelling out "Brush teeth" or "Forgot to brush" and the teams switch roles. End the game with "Brush teeth" until all the Germs are converted to Kids.

(Do not tell the students that the Kids brushing teeth always win!)

NOTE: We need better hand gestures for Germs and Kids.